

# Filling the gaps in your dental health and quality of life

Have you felt frustrated by missing teeth or dentures when smiling, eating or socialising?

Dental implant treatment with Dr Savva could greatly improve your confidence and quality of life by providing a permanent, secure replacement that functions like a natural tooth.



## See what a patient had to say about their experience:

"I was referred to Dr George Savva by my own dentist as I was wearing a temporary denture that I was struggling with and I was also aware of a failing bridge [a device to replace a missing tooth] at the front of my mouth. This was affecting my speech and confidence.

A joint discussion with my dentist and Dr George Savva resulted in a decision being made that the best choice of treatment for me was an implant retained bridge and implant crowns on the upper right side of my mouth.

My regular dentist also carried out and completed treatment on my lower

teeth whilst working in conjunction with George who was treating my upper teeth.

The treatment did take time but the result was well worth it, my advice would be 'be prepared for difficult times but stick with it'.

My new teeth have given me the confidence to smile again and the treatment I have received at Alexandra Dental Care has been first class.

You could tell George was a perfectionist leaving nothing to chance and no stone unturned to achieve the best outcome for me."

G. Platts August 2019

## The cracks are starting to show in society's dental health

Cracks and fractures in teeth are becoming very common.

There have been many studies to try and understand reasons why we are seeing an increase in cracked teeth in the general population. The general consensus is we are keeping our teeth a lot longer and with extra function over the years teeth are becoming weaker and are fracturing.

At Alexandra Dental Care, these cracks are picked up early and we can restore teeth with simple fillings. Other times teeth may need extensive restorations such as crowns to give full protection from further fractures.

A tooth could have a deep fracture close to the delicate nerve of a tooth and give no symptoms at all. If close enough, the nerve can die and a tooth may need root canal treatment or even an extraction.

Keep seeing us regularly to ensure that developing problems are caught early or prevented altogether – it will save you money and peace of mind in the long run.



If you want to learn more about implant options book in with our treatment coordinators for a **FREE consultation.**

# Dental phobic? Relax...

**We offer dental sedation to any patients who feel the fear when thinking about booking a dental appointment.**

## What is sedation?

Sedation for dental treatment is a safe, comfortable technique used to alleviate stress. We use a powerful sedative agent called Midazolam which is given by injection in the arm. You would then be completely unaware of treatment being carried out for up to three hours. Generally, this means that all necessary treatment can be completed in one visit, depending on individual treatment needs.

## Who is it for?

Almost all patients who attend can have sedation to help them with their treatment (see further). However, we find that there are two main groups of patients who opt for sedation support during treatment:

- There is a large group of patients who find the whole prospect of having dental treatment more than they can face. With dental sedation, many will find their whole approach to having dental treatment is transformed for the better.
- Then there are those patients who would normally cope with dental treatment, but who need a procedure that they find daunting, such as having a tooth extracted. You can opt for sedation treatment for any procedure that you think will be difficult for you.



## What happens?

Before treatment we make a careful assessment of your suitability for treatment under dental sedation. Our experienced sedation dental nurse, Sandy, who holds a National Certificate in Dental Sedation Nursing, will carry out the assessment. This involves recording a series of medical readings from which Dr John Willmott can confirm your suitability for this mode of treatment. Dr John Willmott has treated over 6000 patients with dental sedation, holds a Diploma in Dental Conscious Sedation and has over 40 years' experience in the care of

nervous patients. We will also ask that you attend for your sedation treatment with an escort to ensure that you return home safely and have someone trusted with you during the first few hours of recovery.

## Want to find out more?

Regular patients of our practice know that our whole team work hard to help every patient feel comfortable and supported, especially when active treatment is needed. But, if you are one of the many people who feel they need more help, please do talk to your dentist, or any member of staff, about sedation for your dental treatment.

## Let us introduce **Shivani Savania**

**We are excited to be welcoming our new dentist, Shivani, to Alexandra Dental Care.**

**Yogi's daughter Shivani graduated from Leeds and has been working in a general practice in Nottingham and Derby for the last 3 years. She is currently undertaking an advanced aesthetic and restorative course with one of the world's leading aesthetic dentists in London.**

**Outside of work she is always looking for a new adventure to go on around the world and loves to spend time with family and friends often with a few homemade baked treats.**

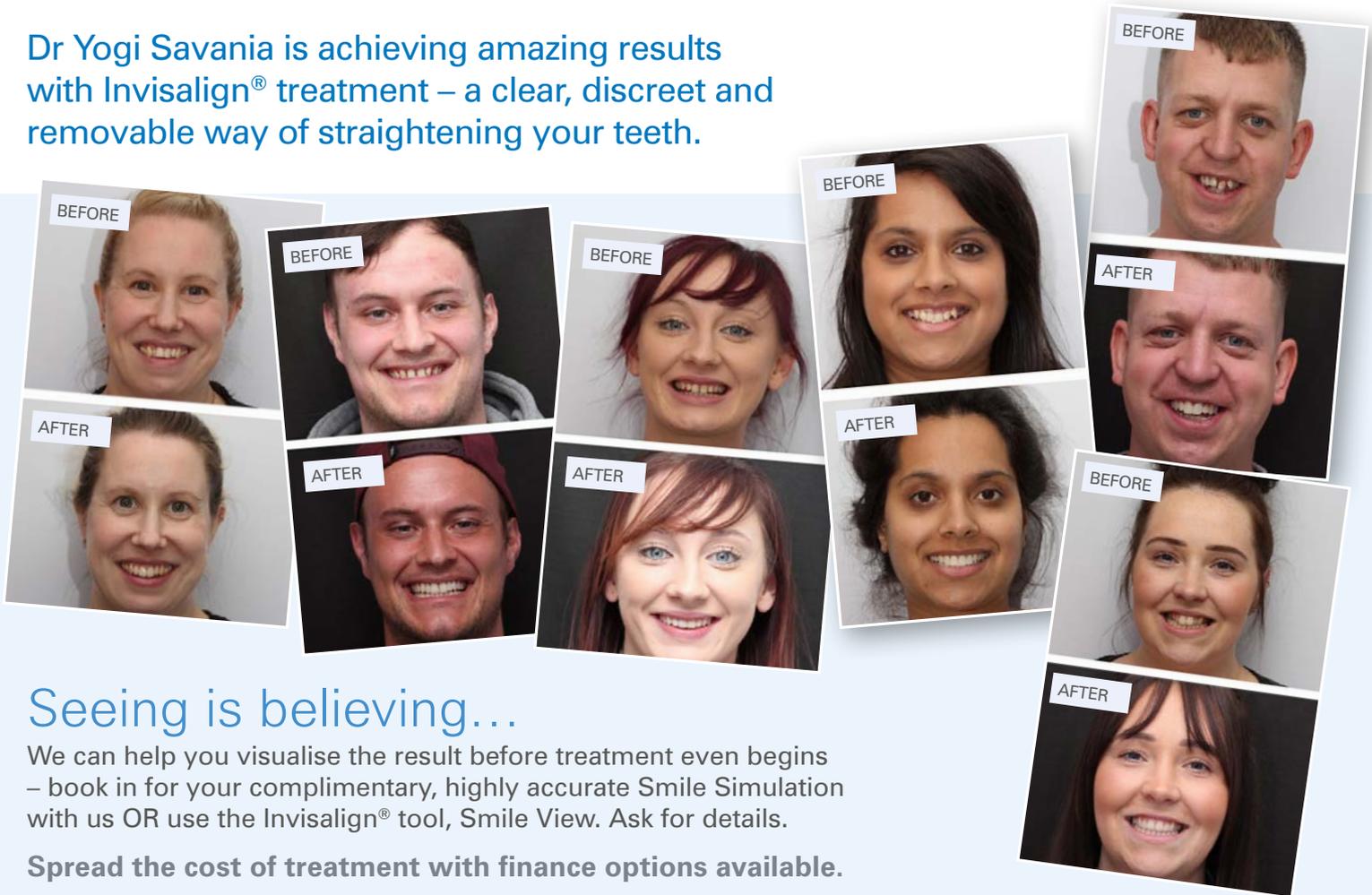


**WELCOME**

Let's get one thing straight...

# Your smile! invisalign®

Dr Yogi Savania is achieving amazing results with Invisalign® treatment – a clear, discreet and removable way of straightening your teeth.



## Seeing is believing...

We can help you visualise the result before treatment even begins – book in for your complimentary, highly accurate Smile Simulation with us OR use the Invisalign® tool, Smile View. Ask for details.

Spread the cost of treatment with finance options available.

## You can now track the evolution of your smile...

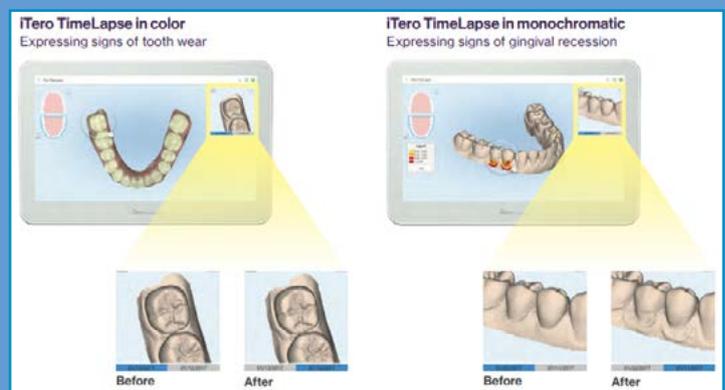
At the start of the year we told our patients about our new iTero® scanner. Not only does it replace the traditional, unpleasant (and sticky!) impressions, it incorporates a unique TIME LAPSE feature.

iTero® TimeLapse technology shows patients how their teeth are changing over time. We understand it can be difficult to notice the small changes that are occurring that effect your dental health.

We see many patients whose teeth have worn and TimeLapse is the perfect way to monitor the rate of wear. It is also

useful for monitoring gum recession and tooth movement.

**Ask for more information at your next visit.**



## “Thank you!”

### Ashby Ivanhoe Football Club Under 15s

Ashby Ivanhoe FC u15's Barons would like to thank Yogi, George and all at Alexandra Dental Care for their kind sponsorship of their new football kit for the season 2019 – 2020. Don't they look great?



Sponsors of Ashby Ivanhoe FC under 15s Barons



## Wish you could spread the cost of your routine dental care?



Many patients choose to join our monthly membership which promotes:

- \*Less fillings
- \*Less dental decay
- \*Less likelihood of toothache
- \*More attractive teeth
- \*Helping to keep teeth for life

Our dental membership provides a great way of budgeting for regular examinations and scale and polishes

rather than finding a lump sum of money to pay as you go.

It also allows you to save money compared to private pay-as-you-go fees. Members are entitled to two inclusive examinations and two inclusive scale and polishes per year. In addition to this, members are eligible for inclusive routine x-rays, emergency appointments and 20% discount on routine treatment.

**Ask us for more information on our dental membership plan.**

## Fun facts about smiling!

Smiling is more contagious than the flu!

Smiling is our first facial expression.

Babies are born with the ability to **Smile**.

Smiling makes you feel more attractive to others.

A **Smile** is the universal sign for happiness.

Smiling is intercultural.

It is easier to **smile** than it is to frown.

Smiling reduces blood pressure.

Smiling can make you happier.

Smiling makes you look younger.

**People that love to smile chose Alexandra Dental Care.**



## Spread the cost of your dental treatment

Are you aware we can offer finance options to our patients over 18 years of age if your treatment is over £350. This helps to spread the cost of treatment. To discuss the options available ask a member of the team.