Dental Implants

The ultimate solution to missing teeth and dentures...

Dental implants are a permanent, fixed replacement to missing teeth and function the same way as natural teeth.

This treatment is perfect for those who are conscious of gaps in their smile and feel too young for removable options such as bridges or dentures.

But don’t take our word for it!

Have a look at what one of our patients had to say about their experience...

"I decided to have the work done because I felt so miserable and self-conscious about my quite prominent and obvious bridge work. I no longer wanted to shy away from cameras and keep my mouth as closed as possible when talking and also take care eating in case a bridge popped off. Having bridges was affecting my confidence at work (I have to talk a lot at work) and my social life – I was desperate to be able to look friendly and smile! The treatment was easy. Healing was very straightforward and practically painless. It did involve a lot of check-ups (George kept a close eye on the process) and patience waiting for my new teeth but I, at no point, felt worried. I was able to have bridges refitted straight after surgery so at no point was I left toothless. The amazing staff were always on the end of the phone if I had any queries!

The treatment was fascinating. Although it’s pricey, I was actually surprised it wasn’t more expensive after witnessing the time, care, details and complexity involved in the process. It really is incredibly complex and therefore, to me, seemed very good value for money.

The treatment has been truly life changing. I don’t think I can put into words how wonderful it feels to not have to think before laughing, smiling and eating. I can finally be myself when around friends or at work because I do not have to limit how much I can show my teeth.

The implants feel like they’ve always been there! They are just like natural teeth and having the work done has changed my life!

R. Pickering"

Let us fill the gaps in your smile – call us on 01283 216347 to book a consultation.
What our patients say about our care...

“I attend Alexandra Dental Care because I know that I will be well looked after, the dentists are experts in their field and because there’s always a smile from the staff.”

“Because my dentist is really kind, explains everything to me about my teeth and makes sure I keep my teeth clean and healthy.”

“Friendly staff, I am always made to feel welcome. The advice and treatment are always professional and given with a smile.”

“I have complete confidence in all aspects of mine and my family’s dental care at Alexandra Dental Care. I have been a patient here for 30 years and we have always received excellent, high-quality treatment and care.”

New faces at Alexandra Dental Care
Welcome to Baldeep Jalf, Rajdeep Banga, and Usha Sridevi

Baldeep Jalf graduated in 2010 and has worked in Yorkshire and the Midlands. Bal is fond of the restorative aspect of dentistry and has completed a post graduate certificate in restorative dentistry. Bal is kept very busy by his baby twins outside of the practice. While being a big foodie he enjoys experimenting when cooking. He loves keeping fit and active through the gym and Thai boxing.

Rajdeep Banga is joining Alexandra Dental Care from Birmingham. He looks forward to being part of the Alexandra team. He has a number of hobbies which include going to the gym, playing football, meditating and helping out in the community.

Usha Sridevi is joining our team from a practice in Nottingham and has a keen passion for restorative and cosmetic dentistry. In her spare time, Usha enjoys painting with acrylics and water colours.

Back in May we held a prize draw for our patients who answered ‘Why do you attend Alexandra Dental Care?’ They won a range of goodies to maintain their dental health. Here are just a few of the entries and prize winners:
**GUM DISEASE**  
(AKA periodontal disease)

- Periodontal disease is usually pain-free (often called ‘the silent disease’), so you may be unaware of it until your dentist or hygienist checks for it.
- Gum disease can lead to bad breath, loose teeth and painful gums.
- Over half the population has gum disease often without knowing as early stages are pain free.
- Gum disease is completely treatable if diagnosed early enough.
- Gum disease is linked to a number of health conditions including diabetes.

**Here are some ‘red flags’:**

- Bleeding gums when brushing or even whilst eating
- Red, swollen gums
- Bad breath
- Spaces appearing between teeth
- Loose teeth or teeth moving position in the mouth
- Receding gums
- Sensitivity to cold or hot foods and drinks

**The stages of gum disease**

Ask your dentist to explain this, in particular in relation to your own basic periodontal examination (BPE) score. Your BPE score is a measure of your gum health and should be a standard part of your routine dental examination.

At Alexandra Dental Care we follow the guidelines and treatment protocols set by the British Society of Periodontology.

Following recent changes to the guidelines some patients showing early signs of gum disease may require more treatment visits to bring the disease under control. Early diagnosis and treatment is key to a successful outcome.

For more information, visit [www.bsperio.org.uk/patients](http://www.bsperio.org.uk/patients).

To book in an appointment and check your BPE score, call us on 01283 216347.

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**Yogi’s charity skydive**

Well done to Yogi who, together with his daughter, completed a skydive from 13000ft. Not bad for someone who is scared of heights!

In the process they raised over £2100 for the Huntington’s Disease Association.

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**How to maintain healthier teeth for life**

Join our Dental Care Plan!

To help prevent dental problems we encourage our patients to attend the practice regularly. With our Dental Care Plan, there will be nothing to pay on the day for regular visits, as it is covered by your monthly payments. You will be entitled to dental examinations and hygiene visits every six months including x-rays. Should you need further treatment, you’re entitled to 20% discount as a member, helping you to save money.

If you would like to spread the cost and save money, sign up to our plan today like many others at Alexandra Dental Care who are already receiving the rewards.

Ask us at reception for more information on how to register.
**Take a selfie!**

Why put up with a smile that you are not comfortable with when you can have a beautiful, confident selfie smile?

In this age of social media and ‘selfies’ where people post photos of fun times, we often notice that people have a guarded smile, where they don’t show their teeth. Our patients tell us that it’s because they don’t like how their teeth look, so have then developed their selfie smile with lips tightly sealed.

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**Outstanding professional achievements**

**Yogi Savania honoured by the International College of Dentists**

Yogi Savania was inducted as a Fellow of the International College of Dentists at a grand induction ceremony held at the Royal College of Physicians in London.

The worldwide dental organisation is dedicated to the recognition of outstanding professional achievements and commendable service. New fellows are chosen by a panel of leading dentists and invited to join the college to encourage continued progress in the profession of dentistry.

“It was a great honour to be invited into the ICD, to be recognised for all my hard work and effort to promote quality dentistry and now have the opportunity to work with some very eminent people in the dental world” - Dr Yogi Savania after the ceremony was held in June.

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**George Savva ‘Education Supervisor of the Year’**

George Savva was recognised for his continued contribution to the education of our Foundation Dentists.

He was awarded by the Health Education East Midlands as ‘Winner of Education Supervisor of the Year – Central Scheme’.

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**Winner, winner**

Our Facebook whitening competition winner is Jorden Smith.

Keep your eyes peeled to see Jorden’s finished results soon.

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Like our Facebook page - @alexandradentalcare to get involved in further competitions!