

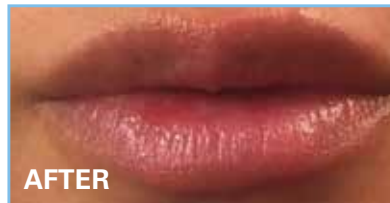
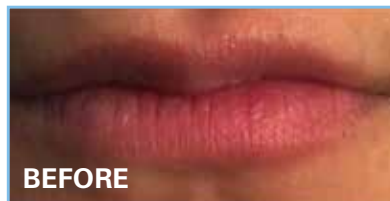
Natural fuller looking lips

Here at Alexandra Dental Care, our Dentist Dr Yasmin Virdee has trained in anti-wrinkle treatment and dermal fillers at Harley Street, London back in 2011. Depending on the individual requirement prices can start from £220 for lip fillers. We invite you to a FREE consultation to discuss your individual needs.

Lip fillers are a safe and permanent effective way of enhancing lip volume and shape. Helping restore natural border and symmetry. As it is a bespoke treatment, be assured we only place the correct volume of filler per individual need. This ensures we are able to achieve the correct proportion of lips avoiding overly large or artificial looking lips.

The procedure takes approximately 30 minutes with results almost instant.

Contact the practice for a free consultation with Dr Yasmin Virdee.



Aesthetic Dentistry Awards 2016

We are delighted to be shortlisted in the awards in 2 categories this year.



Yogi is a finalist in the Best Invisalign® Orthodontic Category and the practice has been shortlisted as a finalist in Best Aesthetic Practice - UK.

These awards are the most prestigious in Aesthetic Dentistry and we are up against stiff competition from some of the UK's best practices. The quality of our work is assessed by leading experts in the dental world, so to be shortlisted for the finals is great recognition for the excellent treatment and care we provide.

Eat, speak and socialise with confidence

Dental implants could be the solution

After several years of studying in implant dentistry, George has achieved the pinnacle in his studies by passing his MSc in Clinical Dentistry with Distinction (Implant Dentistry) at Leeds Dental Institute.

"I'm absolutely delighted to have achieved this standard in Implant Dentistry. Here at Alexandra Dental Care we are passionate about ongoing education not just for the Dentist but for the whole team. The ultimate aim is to deliver the best Dental Care for our Patients" George Savva.

Dental implants are rapidly becoming the preferred treatment for anyone seeking the best method of replacing missing teeth. Here at Alexandra Dental Care, we continue to provide the gold standard in dental implants.

If you or anyone you know is struggling with loose dentures or is unhappy with gaps in their mouth do not hesitate to ask how we can help.

Why have dental implants?

- * Say No! To eating difficulties.
- * Say No! To painful or loose dentures.
- * Say No! To unsightly gaps in your smile.



Investing in the latest technology

At Alexandra Dental Care we are always looking to keep up with the latest technology, ensuring our patients have access to the best care and treatments available.

We are therefore excited to announce the arrival of our new 3D scanner and digital full mouth imaging machine. Patients will now benefit from a far more accurate image, reduced exposure, plus increased comfort and convenience when having x-rays and scans.

We are also pleased to announce that our dental nurse, Sinead Peat has been successful in gaining her national exam in dental radiography. Well done Sinead.

Did you know that the state of your teeth can affect your overall health?

Poor gum health has been linked to serious health problems in other parts of our body. People suffering with gum disease may be at increased risk of diabetes, stroke, heart disease and complications in pregnancy.

The signs and symptoms of gum disease can include:

- Gums that bleed when you brush your teeth
- Blood in your saliva
- Bad breath
- Wobbly or loose teeth

Our in-house gum guru, specialist periodontist Moe Issa recommends the following tips to maintain healthy gums:

TIP ONE	TIP TWO	TIP THREE	TIP FOUR
Brush your teeth and gums twice a day with gentle circular motions.	Regularly clean the spaces between your teeth with either floss or interdental brushes	Brush your tongue when tooth brushing to remove bacteria harbouring there.	Regularly visit your dentist and dental hygienist. They can remove the bacteria lurking below the gums where your toothbrush can't get



'Stop Press'

It has just been announced we are finalists in 'The Dental Awards 2016' for Best Team of the Year – great recognition for our hard work!



Holiday Healthy Teeth – Summer brings smiles :)

With the summer months fast approaching many of you will be looking forward to sunnier climates and sun drenched beaches. However it is important not to let your dental hygiene routine slip. Here are some handy hints on keeping your mouth healthy this summer.

1. Be savvy when packing your dental products. Pack travel sized toothpaste and mouthwash in your hand luggage. Not only will it save accidental spillages in your case but it will also mean you can freshen up after your mid-flight meal. Also why not ask our receptionists about our new manual toothbrushes which come complete with safety travel cap. Perfect for allowing you to carry your toothbrush in your bag!!
2. Stock up on the sugar free gum. Many people (especially if all inclusive!!) will eat and drink more often whilst on holiday. Chewing sugar free gum after each meal (or pina colada!) will help neutralise the acid attack on your teeth, keeping your mouth healthy and cavity free.
3. Join our practice plan – by joining our plan you will be entitled to Worldwide Dental Trauma and Emergency Callout Insurance should you be unfortunate enough to need to see a dentist whilst on holiday...better to be safe than sorry!!

Finally, don't forget to send us a postcard. Happy holidaying!



A few comments from our patients

"The receptionists are friendly and they get to know your name,

The dentists are professional, they really know their game, The atmosphere is calming to put you at your ease, But best of all a dentist without extortionate fees."
A Griffin (Facebook review)

"I have been with several dental practices over the years, and Alexandra Dental Care is by far the best."
R Wain (Google review)

"I would hand on heart recommend Alexandra's dentist they've literally changed my life, I can now smile showing my teeth and my confidence has improved massively."
K Sellers (Facebook review)

New Computers.

Thank you for your patience whilst we change to our new computer system.

Did you know we now send appointment reminders via email? And to save time when you attend the practice you can update your medical history in the comfort of your own home. Medical histories must be checked and updated every six months.

Should you wish to read our reviews or wish to leave a review yourself visit our website or Facebook page and click on review.

Dental Surgeons: Mr. Yogi Savania BChD, MFGDP(UK) Mr. George Savva BDS(Lon) Dip Imp Dent RCS (Eng) & Associates

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