

# ALEXANDRA

DENTAL CARE

## Creating Smiles

[www.alexandradentalcare.co.uk](http://www.alexandradentalcare.co.uk)

# practice**news**

Welcome to our practice newsletter. Our aim is to update you on the happenings at the practice as well as featuring key dental procedures to help improve your smile.



### 30 years and counting!

This February saw dental nurse Lorraine Bates celebrate 30 years' of loyal and devoted service to **Alexandra Dental Care**.

Lorraine has many memories from the past and reflects on the many changes within the practice and the world of dentistry over the years.

Lorraine is very popular within the practice, not just with her colleagues but also with the many patients she has cared for.

To mark the three decades of service, Lorraine was presented with a fine diamond wrist watch and an engraved cut crystal bowl.

Dentist Yogi Savania said, "As well as providing quality dentistry, our ultimate aim is to treat patients with care, compassion and kindness. Lorraine is so sympathetic and reassuring with our patients, she has seen many patients who are nervous of treatment and she has helped them overcome their fears with her kind and caring nature. She is an asset to our practice, her experience and knowledge is priceless."

We know you will all join us in wishing Lorraine huge congratulations and expressing our heartfelt thanks to a lovely lady who has dedicated her career to helping the local community.



### Opening times

Monday:	8.00 am – 8.00 pm
Tuesday:	8.00 am – 6.00 pm
Wednesday:	8.00 am – 6.00 pm
Thursday:	8.00 am – 6.00 pm
Friday:	8.00 am – 6.00 pm
Saturday:	9.00 am – 1.00 pm

### New hygienist

We are pleased to welcome the newest member of our team, hygienist Sarah Lane. Sarah will be taking over Fridays from Lilia who is moving on in preparation for the move back to her home town of Las Vegas!

### Exam results

We are delighted that our trainee dental nurse, Natalie, has successfully passed her National Dental Nurse exams. This follows a year of hard work and studying at the Royal Derby Hospital. Well done Natalie!

### Alexandra Dental Care Road Show

You may have seen our team out and about recently in the local area, this is all part of our drive to raise awareness of the amazing new advances in cosmetic dentistry.

Our dentists have a great deal of experience and have attended courses in the latest techniques in cosmetic dentistry, we use state-of-the-art technology and equipment at the practice and work closely with the best technicians in the country.

We are now involved in many wedding fairs showcasing what we can do to make those all important wedding pictures capture your best smile. The practice has special wedding packages available with many special offers and discounted treatments. So if you have a big day of your own this year or you are part of a wedding party, then please ask for details.

### New website

Please do have a look at our revamped website. It is full of useful information about your dental practice and answers to many dental queries. Also, there is an interesting gallery and testimonial section demonstrating the high quality treatment we deliver.

[www.alexandradentalcare.co.uk](http://www.alexandradentalcare.co.uk)

## Too many teeth

Often mums bring their children in to see us concerned that their child has new adult teeth growing behind their lower baby teeth without losing them first. This is in fact a normal occurrence. This photo shows Yogi's five year old son with just that appearance. As the new teeth grow they will move forward and the baby teeth will eventually loosen and drop out.



## Guinness world records

**The most people flossing on the same length of floss**

A total of 1470 students, parents and teachers flossed their teeth for 55 seconds on a single line of dental floss measuring 1,828.8 metres (6000ft) at a school in North Carolina USA on 19th March 2004.

**The heaviest ship pulled by teeth**

Omar Hanapiev from Russia pulled a 576 tonne (1269861 lb) tanker a distance of 15m (49ft) using a rope connected only to his teeth on 9th November 2001.

## Treatment of cracked and broken teeth

Broken teeth are a common occurrence these days often due to hairline cracks and not caries (dental decay).

We have had great success restoring this type of breakage using CAD-CAM technology in the way of our new CEREC® machine.

This system preserves as much tooth as possible and is as strong as a crown.

**Please ask for details.**

## 0% finance available

Spread the cost of treatments costing over £350

\*Subject to terms and conditions

**Laughter may be the best medicine, but smiles bring us together in a special way**



## Teeth whitening

Our home whitening system is still the most effective on the market. This result was achieved with one of our patients within just two weeks!



**Beware of cheap imitations!**

## Implant news

Principal dentist George Savva is currently studying hard to gain his Diploma in Dental Implantology (Faculty of General Dental Practitioners RCS) based at Leeds University. Part of the course is also based at Universities in Germany.

As part of the course, several members of George's implant team will be attending advanced training in 2011, this will be followed by a rigorous inspection of the practice by the Royal College of Surgeons to achieve what is regarded as the gold standard in implant care in dental practice.

George would like to thank all his patients for their understanding and support while he studies, and also apologise for any inconvenience caused if any of their appointments are rearranged

## Dental Care Plan

We offer a dental care plan and members will be eligible for the following benefits:

- Regular dental examinations and gum assessments
- Professional hygiene care
- 20% discount on treatment not inclusive and 10% off sundries
- Worldwide Dental Trauma and Emergency Callout Insurance
- Treatment planning for your future dental needs
- Redundancy protection for your monthly payments for up to 12 months.

Please refer to the plan brochure for full details of your benefit entitlements and ask about joining when you are next at the practice.

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